



Joann K. Long
2906 Wheeler Station Rd.
Bloomfield, N.Y. 14469
585-738-7477
www.GentleDoveFarm.com

January 2011 eNews Tips

Approach

What's the best way to approach an obstacle? Look up! Our natural tendency is to look at the obstacle, but it's important to look where you're going! Try not to look at the obstacle. When you look down or at the obstacle, you're inadvertently communicating to your horse with your body language to stop moving. If you want to keep moving forward over or past



an obstacle, keep those eyes up where you want to go! You'll be surprised how a little thing like looking will improve your obstacle success!